



Improve your sailing with Friends!

2012 SANJL Youth Regatta & Clinic at Mountain Lakes **July 21st**

The Mountain Lakes Sailing Association will host a youth sailing regatta and clinic on Mountain Lake on July 21st. The event is open to any young sailor interested in improving their racing skills. This is a unique opportunity to learn from top SANJL sailors in a low key and friendly atmosphere. Participants will be divided into small groups to allow instructors to tailor the program to fit the needs of everyone. The morning session will consist of instruction from experienced SANJL coaches. The afternoon will feature short races with prizes given to the top finishers. Come out and enjoy a great day of sailing and fun!

Scheduled trainers include:

Doug Brown

Doug has been the head Sailing Coach at Drexel University since 2010. He is a certified US Sailing Level 2 Instructor. Prior to coaching at Drexel, Doug was head sailing coach at Monmouth University. Doug is the lead instructor at Hunterdon Sailing Club learn to sail program and the club's Junior Sailing Team Coach. His team has produced two Midget North America Champions and the top US sailor at the Junior North America Championship in 2011.

Derek Jackson

Derek is the current US Sunfish Class President. He is the winner of numerous regional regattas and has been a top 5 finisher at both the North American and World Championships. He has taught sailing and racing to numerous groups of both juniors and adults.

Sue Brown

Sue is the current US Sunfish Class Regatta Coordinator. She is a lead instructor at Hunterdon Sailing Club's learn to sail program as well as a frequent presenter at sailing seminars throughout New Jersey.

Alec Manson

Alec is a Certified US Sailing Level 1 Instructor. He is an instructor at the Hunterdon Sailing Club learn to sail program. He is a former SANJL Junior Champion, a member of the Junior Jet 14 2011 National Championship Team, a member of the 2010 US Sunfish Junior World Team, and the top finisher at SANJL day 2 held recently on Swartswood Lake.

Steve Manson

Steve serves as the SANJL Youth Regatta Coordinator. He has taught sailing for many years including heading the Smoke Rise Sailing Club's summer sailing program and presenting at SANJL racing clinics. He is an experienced racer that has successfully competed at all levels in the Sunfish Class.

To participate, all sailors must have experience in sailing a Sunfish single handed and be competent swimmers. Each participant's guardian will be asked to sign a release form at registration. There is a \$15 entry fee for each racer. To participate an individual must not have reached his or her 19th birthday by the end of 2012. All sailors must wear USCG approved personal flotation devices at all times when on the water.

There are a few loaner boats available. These boats must be reserved in advance. If you have any questions, feel free to give us a call.

-Lisa Graf 240-423-0065

-Steve Manson 973-366-1448

-Derek Jackson 917-623-8577