

## **MOUNTAIN LAKES JUNIOR TRACK AND FIELD**

### **Directions to Away Meets**

#### **Hopatcong High School**

Route 80 West to Exit 28 (Hopatcong-Ledgewood). Bear left off ramp onto West Shore Drive. Go to light make left onto Lakeside Blvd. (Route 607). Continue past Pathmark and Lakeside Manor. At 3rd traffic light, turn left onto Brooklyn Mountain Road. Continue up hill and take 2nd left onto Durban Avenue. Take 4th left onto Windsor Avenue to school. Track is in back down hill.

#### **Madison High School**

Take I-287 south to Route 10 east. Follow to Novartis in Hanover and turn right on Ridgedale Ave. Take Ridgedale Ave. through Florham Park center and continue to the fork in the road. Bear to the right staying on Ridgedale Avenue. Go over Route 24 and continue straight. School will be on the right.

#### **Montville High School**

Take Route 202 north to Changebridge Road (Exxon station on corner). Turn right on Changebridge and follow to traffic light. Make left here onto Horseneck Rd. The High School is on Horseneck Rd. on your left.

#### **Morris Hills High School (Rockaway Township and Rockaway Borough)**

Route 46 West to West Main Street jug handle. At top of jug handle, turn left and immediately turn right onto Swede Mine Road. Take this a short distance to first street on right. The school is at the end of this road. The track is up hill behind school.

#### **Morris Knolls High School (Denville)**

Route 46 West through Denville to Rockaway. Turn left onto Franklin Avenue at McWilliams Forge. High School driveway is on left, up short hill.

#### **Mount Olive High School**

Route 80 West to exit 27A for Rte 206 South (Somerville). Take 206 south to Drakedale Road (gas station on corner). Turn right onto Drakedale Road. Turn left at Netcong-Flanders Road. Follow to Corey Road (second right turn). High School driveway is on right.

#### **Parsippany High School**

Route 46 East to Baldwin Road (Burger King on right). Take left turn ramp onto Baldwin to cross Route 46. High School is 1/4 mile up Baldwin on right hand side, before intersection with Vail.

#### **Randolph High School**

Route 46 West to jughandle for Franklin Road in Denville. Cross Route 46 and follow Franklin Road south to Route 10 West. Pass K-Mart, proceed up long hill and exit right for Millbrook Avenue jug handle. Cross Route 10, follow Millbrook down and up hill. High School is on right, turn right beyond school to enter rear parking lot.

#### **Roxbury High School**

Route 80 West to Ledgewood exit. Route 10 East to 2nd traffic light. Turn right onto Hillside. High School on left.

#### **Stanhope - Lenape Valley High School**

Take I-80 West to Netcong exit. Bear right off ramp. You will come to a circle in which Rt. 206, Rt. 46 and Route 183 meet. Stay to the right and exit 2nd right off circle onto Rt 183. Stay to the right on Rt. 183, go through one traffic light and up a hill by a Hess station. Bear right on Brooklyn Road and go straight for about a mile. You will come to a large intersection (Sparta Rd), with a church on your right and a gas station on your left. Turn left here; the school is 1/4 mile down on the left.

#### **West Morris Central High School (Long Valley)**

Route 80 West to exit 27A for Route 206 South (Somerville). Go south on Rt. 206 to right turn on Four Bridges Road; go about 1 mile to the high school on the right.

#### **West Morris Mendham High School (Mendham/Chester)**

Take Route 202 South (or other preferred route) to the Green in Morristown. Turn right off the Green onto Washington Street. Proceed west past Delbarton and the Mendham shopping center. Turn left just before Grace Lutheran Church, the school is at the end of this access road.

4/10/06