



ML RECREATION PRESENTS:
BOY'S BOX LACROSSE NIGHTS!
MOUNTAIN LAKES HIGH SCHOOL GYM

WANT TO IMPROVE YOUR LACROSSE SKILLS AND CONDITIONING WHILE HAVING A TON OF FUN? TRY OUR BOX LACROSSE NIGHTS THIS WINTER.

COACH FLYNN AND THE HIGH SCHOOL AND JUNIOR LEAGUE COACHING STAFFS ARE RUNNING **FREE PICKUP GAMES** ON THE SPECIFIED EVENINGS FOR THE ENJOYMENT AND IMPROVEMENT OF OUR PLAYERS.

FULL EQUIPMENT IS MANDATORY.

GRADES 6-8: WED. NIGHTS: 8:00 – 9: 30 PM
12/9, 12/16, 1/6, 1/13, 1/20, 1/27, 2/3

GRADES 9-12: THURS. NIGHTS: 8:00 – 10:00 PM
12/10, 12/17, AND MON. 12/21, 1/7, 1/14, 1/21, 2/4

Name _____ Grade _____

Phone# _____ e-mail _____

Emergency Contact-Name _____ Phone# _____

I, the parent/guardian of the above named player, hereby give my approval for his/her participation in Box Lacrosse activities and assume all risks and hazards incidental to such participation, including medical treatment and hereby agree to waive, release, indemnify and to hold harmless the town Mountain Lakes Mountain Lakes Recreation Committee members, League coaches, participating schools and employees and other participants from liability, damage or claim, whether the result of negligence or other cause which may occur in the course of, prior to the start of, or after the facilitation of the above program.

Parent/Guardian Signature: _____ Date _____

PLEASE BRING SIGNED FORM TO FIRST NIGHT OF ATTENDANCE. NO REGISTRATION REQUIRED.
DROP IN PICK UP GAMES; SO COME ONE NIGHT OR ALL SEVEN!

Questions: Please call Celia Flynn at 973-334-3131 or email cflynn@mtnlakes.org