

Mountain Lakes Swimming and Diving Association

July 6, 2008 Newsletter & Upcoming Events

Congratulations swimmers on another great week! We continued our Hub Lakes winning streak with a victory over Indian Lake on Monday and barely squeaked by Highland Lake on Wednesday for our first Lakeland League victory.

Upcoming Events:

We have two swim meets this week, both at home.

- Monday we will be competing against Cedar Lake. Swimmers are asked to arrive at 6:00, warm ups are at 6:15 and the meet will start at 6:45.
- Wednesday's meet is against Wayne Township. Please plan on arriving by 6:15; warm ups are at 6:30 with a meet start of 7:00.

Swimmers, be sure to check in with the coaches when you arrive at the meet! (If the coaches are not aware you are there, you may get replaced in an event.)

Below are the families who have signed up to volunteer at this week's meets:

Monday July 7th- Home versus Cedar Lake

Officials: Truumees, Palmer, Muehler, Marosits

Runner: Bird

Table Scorer: D. Smith (Dartmouth), Adams

Computer: Gemici

Colorado: Erickson

Announcer: Pallaria

Timers: Natoli, Alberts, Davies, D. Smith (Dartmouth), Dock, Thompson, Boyle, Beck, Batesko

Set Up: McLaughlin, Kotsen

Break Down: Gormally, Weinstein

Wednesday July 9nd - Home versus Wayne Township

Officials: Richards, Palmer, Muehler, Marosits

Runner: Bird

Table Scorer:

Computer:

Colorado: Cohen

Announcer: Pallaria

Timers: Alberts, Natoli, Pickett, Davies, Pirollo, B. Smith (Hanover), Burch, Harris-Hohne, Beck, Hsiang, M. Gleason

Set Up: K. Smith (Village), Grippaldi

Break Down: Weinstein, Muilenburg

****Please remember, you are responsible for finding your own replacement if you are no longer able to work a meet that you signed up for. ****

Swimmers should stay until the end of the meet! For all dual meets (week night) the coaches ask that all swimmers remain to cheer on their teammates until the meet is completed. Most of us would never think of taking our child from a soccer game (or football, basketball, etc.) until it was over and the same holds true for swimming. If for some reason your child has to leave early, please make sure a coach has been notified.

Friday July 11th, is Laker Day at Mountain Creek Water Park. There will be no practice that day!

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Saturday July 12th is the Odd Age Invitational at Packanack Lake

Warm-ups will begin at 8am with a prompt 9am meet start and will run until late afternoon. For this invitational swim meet, there is no limit on the number of events a swimmer can swim so your child may be swimming all four strokes. Entries will be posted at the beach early in the week.

This is an invitational meet and each team must pay \$3 per swimmer for each event that they swim. If you are entered in this meet, please make sure the coaches know by Wednesday if your plans change, as this will help the coaching staff to make the proper entries and avoid unnecessary costs.

We will need to provide volunteers for this meet so please be aware that if your child is swimming that day, you may be asked to help out in some way at the meet.

Remember sunscreen, beach chairs and umbrella....t-shirts, food, etc will be sold at the meet. Parents will also most likely need to pay a small admission fee and heat sheets listing all swimmers and events will be for sale.

The swim clinic moves to Birchwood Lake from 2:00- 3:00 this week. Both groups (morning and afternoon) will meet at this time for the remainder of the clinic. There will not be a clinic practice on Friday the 11th.

Dive Team practice continues each day from 11:00 -1:30. The next dive meet is scheduled for Thursday July 10th at home. Details will be provided at practice.

Swim Team News:

Vacation Schedules: All updates should be sent to mlswim@hotmail.com . You do not need to fill out a whole new form, a note detailing the change is fine. Please send any changes as soon as you are aware of them as this helps with planning.

Lost & Found: If anyone found a silicone swim cap labeled "GEMICI", please return it to the Shack.

If anyone has a missing item they would like included in the newsletter, send details to mlswim@hotmail.com

Future Events:

Please visit the team website for the complete summer 2008 calendar.

Other Borough News

The Shack is in need of another refrigerator to help get us through the summer. If anyone has one they are looking to get rid of (or knows of someone), please see Vicki in the shack.

If you have any questions about the content in this newsletter or about the team in general, please contact Megan Luciano, at mlswim@hotmail.com