

# ***Mountain Lakes Swimming and Diving Association***

## ***June 2008 Newsletter & Upcoming Events***

Thanks to all of the parents who attended Wednesday's Parent Meeting at St. Peter's. Hopefully it was informational and not too overwhelming. New families, please remember to ask a board member, or any veteran family, if you ever have any questions. We are all happy to help!

### **Upcoming Events:**

**Friday, June 6<sup>th</sup> Parent Wine and Cheese Party, 7:30 @ the Home of Joe Kessler**

Always a fun evening! This is a great chance to meet some of the new swim team parents and to catch up with friends you haven't seen in a while. RSVP is regrets only. If you are not able to attend, please contact Karen DeAngelis at (973) 335-1853, we are trying our best to get an accurate head count. A donation of \$25/couple (\$15/individual) is suggested. Hope to see you there!

Joe Kessler's, 4 Bridle Court (Intervale to 46 West, just past the King of Kings Lutheran church make a right onto Fox Hill. Make quick left into development keeping on Fox Hill. Go right onto Bridle Ct.

**June 10<sup>th</sup> and 12<sup>th</sup> from 3:30 – 5:00, Borough Beach Test**

These two dates are offered for members of the swim team only. All swimmers under the age of 13 are required to pass the test to be able to participate on the team. If you are unsure whether or not your child belongs on the team or in the clinic, we strongly encourage you to come up to the beach on one of these days and have him/her try the test. This is also a good chance for clinic swimmers to see what is required to pass the test so stop by and watch for a while.

### **Swim Team News:**

**Looking for a few good officials...** Where is the best place to watch a meet? From the dock of course, but the only way to be out there is if you are working as an official for the team. Many of our current officials are parents of older swimmers and we would love to get some new people involved. Any parents who would be interested in taking the class to become an official, or who would just like more information about becoming an official, should contact Karen LaRocco at [larocco75@optonline.net](mailto:larocco75@optonline.net) or Patty McElduff at [pmcelduff@optonline.net](mailto:pmcelduff@optonline.net). The Hub Lakes league will be holding a class on June 12<sup>th</sup> 7:00 pm, at the Cedar Lakes Club House. The Lakeland league will hold a class on June 21<sup>st</sup> 9:00 am, at Green Pond. Both sessions will run approximately 2 hours, you only need attend one.

**Quick Notification System:** We ran a test of the quick notification phone system on Monday June 2<sup>nd</sup>. Everyone on the team should have received a reminder phone call about Wednesday's Parent Meeting. If you did not receive a phone call or, if you would like future calls to go to a different phone number, please contact Megan Luciano at [mlswim@hotmail.com](mailto:mlswim@hotmail.com). Remember, this system will be used primarily to notify team members of any last minute changes to meets or practices.

**Absentee Forms:** Please remember to fill these out and submit them as soon as possible. It is critical that the coaches know which meets (dual and invitational) that your child will be attending. It is also helpful to know of any practices that will be regularly missed (eg. every Monday) or any consecutive practices that will be missed due to vacation, camps, etc. These forms are due by Friday June 20<sup>th</sup>. If there are any questions about these forms, please

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contact Megan Luciano at [mlswim@hotmail.com](mailto:mlswim@hotmail.com). A separate e-mail with this form attached will be sent shortly.

**Volunteer Sign Ups:** If you were not able to sign up for volunteer positions at the parent meeting, never fear...we will have our beautiful sign-up boards at the Parent Wine & Cheese Party on Friday as well as at the beach during the beach test days next week. Again, we ask that all team families sign up to work at three of our meets. The earlier you sign up the better your choice of jobs and dates!

**Team Apparel:** Our apparel vendor was backordered on the Youth Large sizes of our team shirts. If you ordered a youth large and did not get your shirt at the parent meeting, we will get your shirt to you as soon as it comes in.

Anyone who didn't pick up their team apparel at the parent meeting can get their bag at the Wine and Cheese Party on Friday, June 6<sup>th</sup>.

We have a sample size left of the Women's "Lakers" Orange Polo Shirt, size XL (\$25). If you would be interested in purchasing it, please contact Karen LaRocco ([larocco75@optonline.net](mailto:larocco75@optonline.net)).

### **Future Events:**

Please visit the team website for the complete summer 2008 calendar.

- **After School Swim Practice (ASP)**  
Monday, June 16<sup>th</sup> - Friday, June 20<sup>th</sup> **from 3:30 - 5:00**  
ASP is for all swimmers 13 and older, and those under 13 who have passed the Borough Beach Test
- Regular Season Practice and the Swim Clinic begin on Monday June 23<sup>rd</sup>. Please make sure your swimmer has a towel, goggles, a water bottle, and is wearing sunscreen. We will also be providing the team swimmers with a white swim cap with their name written on it. We are asking all swimmers to wear these for the first few weeks of practice to help the coaches learn who everyone is.
- Our first meet of the season is Monday June 23<sup>rd</sup> at home versus White Meadow Lake. There will be a pizza party on the beach prior to the meet (details to follow).

### **General Team Announcements:**

**Beach Tags:** Remember all swimmers (and parents) must have their beach tags to get on to the beach starting on June 21<sup>st</sup>. Tags are available at Borough Hall.

**Website:** The ML/Recreation/Swimming/Diving website [www.mtnlakes.org](http://www.mtnlakes.org) has been updated with all of our 2008 forms and information. We will update the web site as new information is available so please remember to use this resource for team news and information.

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**Attention all Lifeguards...** The lifeguard training course will begin on June 7th; interested attendees should contact Mrs. Conlin @ [dedec@optonline.net](mailto:dedec@optonline.net) for an application. There is a \$185 fee for the course.

### **Other Borough News**

For all parents of younger children, the Borough will once again be offering swim lessons this summer. There will be two sessions of 10 lessons, the first starting on July 7<sup>th</sup>. Swimmers must be at least four years of age but all abilities will be accommodated. Applications will be available at Birchwood starting June 22<sup>nd</sup>.

The Recreation commission is looking for someone to help run the relay races that are held at the Mountain Lakes Club on July Fourth. As most of you know, these are not serious races but fun events for children of all ages. They are also looking for older kids to help keep things running smoothly on the day of the races. If anyone would be interested in helping this year please contact Celia Flynn at [cepf@aol.com](mailto:cepf@aol.com) or 973-402-8292.

Charley, Bernard and Alicia Wang who are long-time members of the swim team are working to raise awareness of the earthquake devastation in China. Letters from the Wangs detailing their efforts are attached; please take a minute to read them.

If you have any questions about the content in this newsletter or about the team in general, please contact Megan Luciano, at [mlswim@hotmail.com](mailto:mlswim@hotmail.com)