

Mountain Lakes Swimming and Diving Association

March 2008 Newsletter & Upcoming Events

Spring seems to finally be here so summer can't be far behind! While most of you have been wrapping up winter sports and getting ready for spring, we have been busy preparing for the 2008 summer swim season. Here are some important updates and reminders...

Swim Team News:

Introducing our new head coach...The MLSA Board is pleased to announce Matt Elko as our new head swim coach. Matt, a Denville native, comes to us from George Mason University where he graduated in December of 2007 with a degree in physical education. Matt has extensive coaching experience, having worked with a variety of swim teams as well as swim camps (including the National Distance Camp in Colorado and the Auburn University Swim Camp). He has experience coaching swimmers of all ages, from beginners to senior National Swimmers, and teams of all sizes. He is looking forward to continuing the Mountain Lakes tradition of excellence in summer swimming and continuing to build the program for year's to come. Please plan on attending the Parent Orientation meeting in June where you will have a chance to meet Matt personally.

We are still accepting applications for an assistant coach. Matt will be working with the MLSA Coach Search Committee to identify and interview qualified candidates. Anyone with children interested in the assistant coach position should complete and submit an application prior to April 7th. Applications are available on the Borough web site.

Upcoming Events: The first event of the season is right around the corner. Please mark your calendars (if they're not already) for registration on Saturday March 29th and Saturday April 12th from 10:00 – 12:00 in the Briarcliff School lobby. Please remember, **this will be the only time to purchase spirit wear this season.** If you cannot attend the registration but would like to purchase apparel, please contact either Jackie Pulitano (973-586-1206) or Karen LaRocco (973-402-8525) prior to April 12th. Also, Saturday March 29th will be the only day in which the team suits will be available to try on.

Website: The ML/Recreation/Swimming/Diving website www.mtnlakes.org has been updated with all of our 2008 forms and information. We will update the web site as new information is available so please remember to use this resource for team news and information.

Children's Activities: We are looking for suggestions for a new 10 and under event to replace the bowling outing which has not been well attended the past couple of years. If anyone has any thoughts or suggestions, please contact Monica Truumees at truumees@msn.com.

Calling all older swimmers...support your town and beaches! Dede Conlin, the Mountain Lakes Beach Director, is looking for life guards for the 2008 summer season. Applications are now available at Borough Hall and on the Borough web site under Forms. Applications are due April 7, 2008 and applicants must be 16 years or older by June 21st. Applicants must also be certified in Lifeguard training, CPR, and First Aid. A certification course will be offered with classes beginning in early June; interested attendees should contact Mrs. Conlin @ dedec@optonline.net for an application. There is a \$185 fee for the course.

Future Events:

Please visit the team website for the complete summer 2008 calendar.

- **Parent Meeting for All Families (Returning & New)**
Wednesday, June 4th 7:30 - 8:30 @ St. Peters Church
Come and meet the new coaching staff, learn about what we have planned for the season, sign up for volunteer positions and of course, pick up your team apparel.

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- **Parent Wine and Cheese Party**
Friday, June 6th 7:30 @ The Home of Mike and Patty McElduff.
- **Borough Beach Test for MLSA Swimmers and Divers**
Week of June 8th at Birchwood Lake (days/times tba in April Newsletter)
- **After School Swim Practice (ASP)**
Monday, June 16th - Friday, June 20th from 3:30 – 5:00
ASP is for all swimmers 13 and older, and those under 13 who have passed the Borough Beach Test
- **Regular Season Practice Starts Monday June 23rd**

Other Borough News

For all parents of younger children, the Borough will once again be offering swim lessons this summer. There will be two sessions of 10 lessons, the first starting on July 7th. Swimmers must be at least four years of age but all abilities will be accommodated. Applications will be available at Birchwood starting June 22nd.

Please support the Town Club's Annual Wine Benefit scheduled for Saturday April 5th at 7:30 at the home of George and Becky Gross. This is the Town Club's final fundraiser of the year. Proceeds from this, and all other Town Club events, are given back to the community via the club's grant program. The Swim and Dive team has been the recipient of these grants in the past and we are again requesting funds this year to help purchase new lane line spools.

If you have any questions about the content in this newsletter or about the team in general, please contact Megan Luciano, at mlswim@hotmail.com