

**MOUNTAIN LAKES SWIMMING AND DIVING ASSOCIATION
PARENTAL CONSENT AND WAIVER OF LIABILITY**

LAST NAME _____

FIRST NAME(S) & BIRTH DATE(S) _____

ADDRESS _____

TELEPHONE _____

PARENTS' NAMES _____ AND _____

The undersigned parents or guardians (hereinafter the Parents) of the above-named child (hereinafter the Child) hereby consent to the Child's participation in the swimming activities authorized and conducted by the Mountain Lakes Swimming Association (hereinafter the Association), including, but not limited to, practice sessions, competitive events and related recreation, training and travel (hereinafter the Program). Knowing that the Association will rely thereon, the Parents hereby represent that the Child is physically able to participate in the Program and that the Child does not suffer from any condition, sickness, or disease which would impair the Child's ability to participate in the Program or which presents any danger to the well-being of the Child as the result of such participation.

We understand that the Child's participation in the Program is at the Child's own risk and that the Parents and Child assume the hazards of participation in the Program and of any transportation to and from any activities which are part of the Program.

We hereby waive any and all rights and causes of action against the Association, and any and all of its members, officers, trustees, agents and employees, for all personal injury to the Child and any other damages, arising our Child's participation in the Program or arising out of any condition, sickness or disease presently affecting the Child.

We agree to release, discharge, indemnify and hold harmless the Association and any and all of its members, officers, trustees, agents and employees from any liability arising therefrom, and to defend any action or proceeding against the Association as a result of participating in the program and to indemnify and hold the Association harmless from any liability or expense incurred by it as a result thereof.

WE CERTIFY THAT WE HAVE READ AND FULLY UNDERSTAND THE FOREGOING PARENTAL CONSENT AND WAIVER OF LIABILITY.

Dated at Mountain Lakes, NJ this _____ day of _____, 200_____

WITNESS: _____

PARENT OR GUARDIAN: _____