

Mountain Lakes Swimming and Diving Association

February 2008 Newsletter & Upcoming Events

With the summer swim season right around the corner, we find ourselves looking to the calendar to prepare our schedules! We thought it might be helpful to make you aware of the news and upcoming events.

Swim Team News:

The MLSA board has changes this season:

- Kim Rozanitis – President (mlswimteam@hotmail.com)
- Patty McElduff – Vice President
- Ylone Nadarajah – Treasurer
- Kim Lappe – Secretary
- Communications Director – Megan Luciano (mlswim@hotmail.com)
- Membership Director – Maura Gill
- Parent Social Events Director – Karen DeAngelis
- Children's Activities Director – Monica Truumees
- See ML/Recreation/Swimming/Diving website www.mtnlakes.org for full member list 3/08

Website: The ML/Recreation/Swimming/Diving website www.mtnlakes.org will be updated on an on-going basis throughout the season, beginning late February. Please feel free to offer suggestions if you don't see something on the site that you think would be helpful.

Coaching Update: The search committee is in the process of interviewing candidates for our head coach position. Please check the team web-site in March for an announcement regarding our new coaching staff.

Children's Activities: We are looking for suggestions for a new 10 and under event to replace the bowling outing which has not been well attended the past couple of years. If anyone has any thoughts or suggestions, please contact Monica Truumees at truumees@msn.com.

Upcoming Events:

- **Registration and Spirit Clothing Sale**
(Further details in the March Home & School Bulletin)
Saturday, March 29 10:00 – 12:00 @ Briarcliff School Lobby
(team suit fittings this date only)
Saturday, April 12 10:00 – 12:00 @ Briarcliff School Lobby
- **Parent Meeting for All Families (Returning & New)**
Wednesday, June 4th 7:30 - 8:30 @ St. Peters Church
Come and meet the new coaching staff, learn about what we have planned for the season, sign up for volunteer positions and of course, pick up your team apparel.
- **Parent Wine and Cheese Party**
Friday, June 6th 7:30 @ The Home of Mike and Patty McElduff
This is a great time to reconnect with your swim team friends and welcome new parents. Look for your invitation in the mail.
- **Borough Beach Test for MLSA Swimmers and Divers**
Week of June 8th at Birchwood Lake (days/times tba in March Newsletter)
- **After School Swim Practice (ASP)**
Monday, June 16th - Friday, June 20th from 3:30 – 5:00
ASP is for all swimmers 13 and older, and those under 13 who have passed the Borough Beach Test

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- **Regular Season Practice Schedule**
Starts Monday June 23rd (practices are Monday-Friday)
 - **Introduction to Competitive Swimming "Clinic":**
9:00 – 10:00 @ Mountain Lakes Club June 23rd - July 3rd
2:00 – 3:00 @ Birchwood Lake July 7th - July 18th
 - **Swimming @ Birchwood Lake:**
11 and Overs: 10:00 – 12:00
9/10s: 12:30 – 2:00 (& '11/Overs who have am commitments)
8 and Unders: 1:00 – 2:00
 - **Diving @ Birchwood Lake:**
Open Coaching 11:00 – 1:30

- **Invitational Meet Dates**
 - **Relay Meet @ Rock Ridge**
Sunday, June 29
 - **Odd Age Invitational @ Packanack**
Saturday, July 12
 - **12 & Under Invitational @ Mountain Lakes**
Saturday, July 19
 - **Age Group Invitational @ Lincoln Park**
Saturday July 19

- **Championship Meet Dates**
 - **Diving Championship @ Birchwood Lake**
Saturday, July 26th
 - **Hub Lakes League Championship @ Indian Lake**
Friday, August 1st @ 7pm (400's only)
Saturday, August 2nd @ 8:30am Prelims
Sunday August 3rd @ 10:30am Finals & Parade of Champions
 - **Lakeland Swim Conference "A" Championship @ Pequannock**
Saturday August 9th
(Awards Ceremony @ Birchwood After A's)

The MLSA board looks forward to another wonderful season of *Fun, Fitness & Friendship!*

If you have any questions about the content in this newsletter or about the team in general, please contact Megan Luciano, MLSA Communications Director, at mlswim@hotmail.com